The 37-year old Oscar nominated actor recently sat down with the Toronto Sun to discuss a bevy of items; chief amongst them being his role as General Zod in Man of Steel: On director Zack Snyder: Shannon says director Zack Snyder (300, Watchmen) "makes it a lot of fun. He runs a real loose set no matter how much pressure he might be feeling because of the budget and the expectations ... It's a lot of pressure. People have a lot of expectations." On fanboys and set photo leaks: "The thing I've learned about the fanboys is that they don't wait for you to be prepared for anything. They're already in the bushes, snapping photos of us and putting them online and dissecting the whole thing. But I think that kind of enthusiasm is great. It's better than nobody caring. You put all that work into something and everybody yawns or nobody bothers to come

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