On tonight's episode of "The Flash," Barry confronted a meta human without his speed, Dr. Wells tracked down Jesse, and Caitlin met Killer Frost.

 $\begin{tabular}{ll} \textbf{Read more:} & $\underline{$http://www.comicbookresources.com/article/the-flash-recap-barry-is-still-a-hero-even-without-his-speed} \\ \end{tabular}$