

Brie Larson, who plays Carol Danvers in the upcoming Captain Marvel movie, is celebrating #MondayMotivation with a short video highlighting her impressive nine month workout routine for the role.

Read more: https://www.comicbookmovie.com/captain_marvel/captain-marvel-actress-brie-larsons-workout-video-shows-off-the-amazing-results-from-9-months-of-training-a159025