

From the CDC website: There are all kinds of emergencies out there that we can prepare for. Take a zombie apocalypse for example. That's right, I said z-o-m-b-i-e a-p-o-c-a-l-y-p-s-e. You may laugh now, but when it happens you'll be happy you read this, and hey, maybe you'll even learn a thing or two about how to prepare for a real emergency. Of course the CDC releasing this guide doesn't exactly validate the existence of the undead (discounting Gusto), this preparedness kit is more of a "in case it does happen" type of situation. A Brief History of Zombies We've all seen at least one movie about flesh-eating zombies taking over (my personal favorite is Resident EvilExternal Web Site Icon.), but where do zombies come from and why do they love eating brains so much? The word zombie comes from Haitian and New Orleans voodoo origins. Although its meaning has changed slightly over the years,

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