

By far the most impressive visual effect in the movie was the transformation of the ultra buff Chris Evans into a man less than half his size. A mixture of a body double and CGI was used to create the illusion which came to be referred to as "Skinny Steve". Check out the brief clip below to see how they went about it.. "Captain America: The First Avenger" comes home October 25 on Blu-ray 3D, Blu-ray, DVD and digital download, and from now until then Marvel.com will bring you daily doses of Cap action! Come back every day for new looks behind the scenes of the film, looks back at the stories that inspired Captain America's cinematic adventure, words from the cast and crew and more! By TwitterButtons.com

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