

Courtesy of SUSAN GITTINS <http://twitpic.com/763in2> The British actor, who plays the leading man in Man of Steel, was filming in front of a giant green screen at the grain elevators by the Quay. The scene involved Coast Guard Helicopters, according to those on the scene. Crew waved down the helicopter from the sky. When it landed, Cavill helped rush the people on board. In between takes, the actor kept his pecs in top form by doing pull-ups on set. - Vancouver Sun Courtesy of crazycritics.com

<http://www.crazycritics.com/page/man-of-steel-vancouver-set-photos> Courtesy of Screen Rant <http://screenrant.com/superman-man-of-steel-set-photos-vancouver-henry-cavill-kofi-137699/> Man Of Steel, starring Henry Cavill, Amy Adams, Kevin Costner, Diane Lane, Michael Shannon, Antje Traue, Julia Ormond, Russell Crowe, Laurence Fishburne with Christopher Meloni and Harry Lennix, the reboot is slated for theaters June 14th, 2013! Twitter Buttons

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