

So how did Hardy find wearing that uncomfortable looking mask all the time? "It's not as bad as you might think. You just put it on. Work out where you drool goes. That's it. Mask work is good fun. This one wasn't painful; there was the stunt mask and there was the up-close on for the sexy glam shots." He also revealed that the secret to getting into Bane shape was "Eating entire villages of chickens", adding.. "When I started I was about 160-something pounds. When I was done I was 190. You lift weights. You eat. You lift some more weights. You don't run anywhere because if you do cardio, you drop weight. So it's really good for heart attacks!"

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